



Disclosures

The speakers have no financial or other conflicts of interest to report

Dean Bartholomew, MD

- Family Medicine
- Powell, WY
- WAFP President
- Direct Primary Care

Lisa Finkelstein, DO

- Urology
- Jackson, WY
- WMS President
- Advocate for telehealth

Jim Hutchison, PA-C

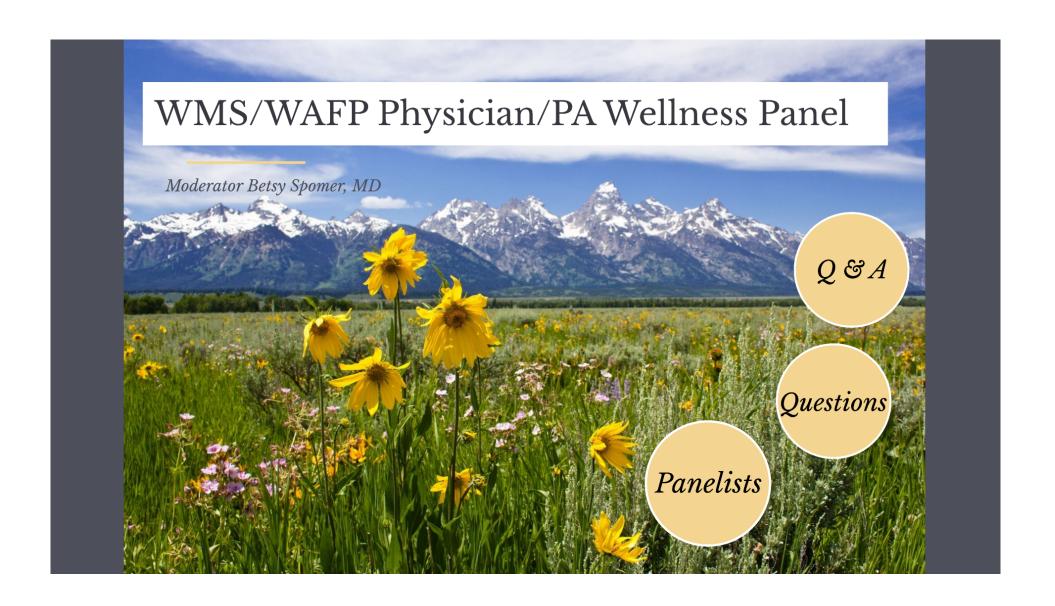
- Physician Assistant-Internal Medicine & Urgent Care
- Lander, WY
- President-elect WY Association of PA's

Spencer Weston, MD

- Family Medicine
- Evanston, WY
- CEO of FM Clinic

Kim Yu, MD, FAAFP

- Family Medicine
- AAFP Physician Health First



QUESTION 1:

At what point did you know that you were burning out & that something needed to change?



QUESTION 1:

At what point did you know that you were burning out & that something needed to change?

What ultimately gave you the courage & inspiration to make the necessary changes- both personally and professionally?



QUESTION 2:

Will you share with us how you have successfully found your joy and how you plan to keep that joy alive?



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What do you see as the role of physician leaders in our state in regard to physician well-being?



QUESTION 3:

What kinds of changes do you see in yourself on a more personal level (physically, mentally, and/or emotionally) that contribute to your well-being?



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What kinds of changes do you see in yourself on a more personal level (physically, mentally, and/or emotionally) that contribute to your well-being?

How do you balance it all?



QUESTION 4:

How have you successfully created the necessary boundaries that have allowed you to maintain your personal well-being?



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In what ways can physicians and PA's support each other in their mutual quest for well-being?



Question 5:



Will you share with us what drives your passion for physician well-being?

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What do believe is the most foundational element of physician well-being?

What do you recommend as a starting point when we begin addressing physician well-being both as individuals and in our organizations?

Thank You & Be Well!!

